

## Roane County Anti-Drug Coalition (RCADC) January 2, 2019

Members/Guests Present: Jeanna Steele-Mack, Leonora Spangler, Sue Skytta, Sherry Samples, Ashley Freeberg, Sarah Harrison, Nathan Wray, Nancy Steele, Dr. Tim Bell, Jason Goodman, Marilyn Calfee, Ben Briley, Josh Gibson, Jamesha Westfield, Suzanne Horsfall, Justin Casevechia, Kent Stephens, John H. Mayes, Ben Young, Kelly Helton, Stacie Plazek.

Marilyn Calfee began the meeting by introducing RCADC's new board members: Dr. Terry Stevens, Ben Briley and Kent Stephens.

Nathan Wray presented a slideshow entitled, "Epidemic of Teen Vaping" and the slideshow is below the minutes on the website. Sarah Harrison provided an updated public health advisory on e-cigarettes by the Tennessee Department of Health from December 10, 2018. Among the risks cited in the new TDH Public Health Advisory are:

- Nicotine is highly addictive and dangerous to the developing brain. Nearly 90 percent of adult smokers started before age 18.
- There is now substantial evidence that use of ENDS by youth places them at increased risk of becoming future smokers of combustible products such as cigarettes.
- In Tennessee, 40 percent of high school students have used an END product and 11.5 percent report current use.
- Those who use ENDS to quit use of conventional tobacco products often continue to smoke cigarettes as well and may be less likely to quit using tobacco than those who do not use ENDS.

Sarah also mentioned that coalitions and the Prevention Alliance of Tennessee (PAT) are working to add ENDS to the Non-Smoker Protection Act. We hope to be able to push it through the Health Committee instead of through the Agriculture Committee.

Flyers were distributed for an open house at A Prodigal's Path 2 Recovery which will be held on Friday, January 25<sup>th</sup> from 12:00 p.m. to 6:00 p.m. A Prodigal's Path 2 Recovery offers outpatient substance abuse recovery services and programs and is licensed by the Tennessee Department of Mental Health and Substance Abuse Services. Flyers were also distributed for the Kingston vs. Harriman Basketball Game on January 11<sup>th</sup> as there will be a Hands of Mercy Food Drive during the event. Hands of Mercy has two locations in Roane County and serves up to 1,400 clients each month.

The next coalition meeting will be held on Wednesday, February 6, 2019 at 12:00 p.m. at the RCADC office.