



**Roane County Anti-Drug Coalition (RCADC)
January 10, 2018**

Members/Guests Present: Matthew Balentine, Mike Barber, Nancy Chrisman, Cathy Day, Donna Forstrom, Ashley Freeberg, Sarah Harrison, Jill Murphy, Ken Mynatt, Michael Rector, Sherry Samples, Beth Sams, Leonora Spangler, Charles Stallings, Jeanna Stelle-Mark, Alex Windings, and Nathan Wray.

Sarah called the meeting to order and welcomed everyone since Marilyn was in Nashville. She began the meeting by introducing herself and asking everyone to introduce themselves as we had several guests/new members.

How to Talk with Your Teens about Anything: Alex Winding, Trainer and Facilitator for KM Clark Consulting Group, led a Partnership for Drug-Free Kids train the trainer session entitled, How to Talk with Your Teens about Anything. Alex also asked that Coalition members and guests complete a survey to assess our understanding of the opioid crisis. Alex hosted questions during and after the PowerPoint presentation. Resources are available for anyone wanting to share the information presented today at the drugfree.org website. Alex encouraged the group to request a booklet entitled, The Parent's 20 Minute Guide; it is free online or for purchase at Amazon. The guide can be found at the following link- <https://the20minuteguide.com/parents/introduction-guide/#.Wld3-d-nGUm>

The slides from the presentation can be accessed by visiting <http://www.drugfree.org/tn-training>

New Business: Sarah reminded everyone that the Office of External Affairs has selected the RCADC to participate in a video production for the prevention and recovery of opioid addiction. Taping will begin February 14 and the video team will be in Kingston for three days. Sarah asked everyone to plan to attend the monthly meeting and participate in the project.

A reminder that "Chasing the Dragon" will be presented at Roane State CC on February 2.

Beth distributed community calendars for the month and announced that Sheriff Stockton will be speaking on the 25th at the Roane County Republican Women's Event.

The next Coalition meeting will be held on Wednesday, February 14 at noon at the RCADC office (151 E. Race St, Kingston).