



Roane County Anti-Drug Coalition (RCADC)

March 4, 2020

Members/Guests Present: Cathy Day, Beth Sams, Jeanna Steele-Mack, Nathan Wray, Leonora Spangler, Marilyn Calfee, Ken Mynatt, Wanda Komjathy, Hank Wich, Lori Gruginski, Dayle Beyer, Ashley Freeberg, Chris Mulhall

Nathan Wray opened the meeting with introductions and proceeded to update coalition members on Prevention Day on the Hill which was Wednesday, February 12th. He and Ashley Freeberg took 5 students from Rockwood Middle School P3 Club and Oliver Springs Middle School P3 Club to Nashville, and students got the opportunity to speak with legislators to educate them on the importance of prevention and to have their picture taken with Governor Bill Lee, State Senator Ken Yager, and State Representative Kent Calfee. Nathan advised that RCADC held an alcohol class in conjunction with Roane Juvenile Court for students who were caught drinking in the fall. Nathan and Ashley presented on, "Vaping in Plain Sight" at the Roane County Schools Staff Development Day on Tuesday, March 3rd. RCADC will take part in Take Down Tobacco – National Day of Action on Wednesday, March 18th from 2-3:30pm at The Living Room Arcade in Harriman. Take Down Tobacco is a day of activism where communities across the globe rally to push for the first tobacco-free generation. Students will play Kahoot during the event, food will be provided, and prizes will be awarded. Nathan encouraged coalition members to donate a door prize. RCADC will be supporting the School Resource Officers and the Roane County Sheriff's Office with Prom Promise this year. Other community providers are encouraged to attend the Prom Promise events as their schedules allow. The coalition member of the month is Kent Stephens who serves on the RCADC Board of Directors.

Dr. Chris Mulhall with Crawford Family Chiropractic was the speaker for the meeting. According to Dr. Mulhall, chiropractic and other non-drug approaches to pain management can be an important first line of defense against pain and addiction resulting from the overuse of prescription opioid pain medications. According to the Centers for Disease Control and Prevention (CDC), as many as one in four patients who receive prescription opioids long term for non-cancer pain in primary care settings struggle with addiction. The PowerPoint presentation is below these minutes.

Jeanna Steele-Mack informed everyone that the U.S. Food and Drug Administration (FDA) "This is Our Watch" campaign provides free resources to help tobacco retailers understand and comply with federal laws and regulations. They provide digital age calendars which can be used by businesses to ensure age compliance when individuals purchase tobacco or alcohol. They also have coffee sleeves with anti-tobacco messaging which state, "Have a sip, not a cig" and "Take your coffee plain: without a cigarette." RCADC staff have ordered the digital calendars and coffee sleeves and requested that coalition members order them as well so that they can be distributed to local retailers.

Beth Sams, with the Roane County Sheriff's Office, provided a monthly activity calendar of events which will take place during the month of March in Roane County. Beth also advised that according to the Roane County Sheriff's Office, from November 2018 to November 2019, burglaries in Roane County have dropped 40%, thefts in Roane County have dropped 41% and motor vehicle thefts in Roane County have dropped 24%.

Dayle Beyer announced that the Roane Choral Society will have a concert on Sunday, March 8th at 3pm at the Princess Theater in Harriman. Admission is by donation and the Daughters of the American Revolution (DAR) will provide desserts for a fee. The theme is "A Celebration of Women's Suffrage" to mark the 100th anniversary of the 19th amendment.

Our next meeting will be April 1st at 12:00pm at the RCADC office.