



**Roane County Anti-Drug Coalition (RCADC)
May 6, 2020**

Members/Guests Present: Beth Sams, Jeanna Steele-Mack, Nathan Wray, Leonora Spangler, Ashley Freeberg, Sarah Harrison, Laura Conner, Kent Stephens, Suzanne Horsfall, Demerius Bunch, Patsy Dockery, Tiffany Blair, Brad Goss, Lori Elam, Monica Poston

Due to COVID-19 and social distancing guidelines from the Centers for Disease Control and Prevention (CDC), our May coalition meeting was held via zoom. Nathan Wray presented on QPR (Question, Persuade, Refer) for suicide prevention. We also took the time to check in with coalition members regarding their physical and mental self-care. Laura Conner, Director of the Roane County Health Department, provided an overview of procedures and changes that have taken place due to COVID-19, and emphasized the importance of today's presentation as there was a spike in suicides that occurred in Knox County at the beginning of the pandemic. The PowerPoint presentation is below these minutes.

Beth Sams, with the Roane County Sheriff's Office, provided a monthly activity calendar of events which will take place during the month of May in Roane County. Due to social distancing most of the information is related to tips for staying safe while having fun.

Our next meeting will be Wednesday, June 3rd at 12:00pm. We will decide closer to time if the meeting will be held in person or if another zoom meeting will be conducted.